



Brain Health and Dementia : Understanding and Connection

The Civic Theatre, Tallaght, Wednesday February 25th 2026

10.00-10.30 Registration, Tea & Coffee

10.30-10.40 Welcome & Opening Remarks

10.40-11.10 The Science of Dementia & Brain Health: Progress and Possibility

Prof. Seán Kennelly (Consultant Geriatrician, Trinity College Dublin and Tallaght University Hospital)

11.10-11.45 Panel Discussion: Making the Most of Each Day - Brain Health and Dementia

- *Ms Kathleen Farrell (Member of the Irish Dementia Working Group)*
- *Ms Una Caulfield (Member of the Dementia Carers Campaign Network)*
- *Mr Noel Quilantang (Manager, Curlew Road Day Centre)*

11.45-12.10 Walking Back Through Memories: Reminiscence for Ageing and Dementia

Prof. Richard Roche (Department of Psychology, Maynooth University)

12.10-12.35 Sensory-Cognitive Health: Thinking about the Relationship between Hearing, Vision and Dementia

Prof. Iracema Leroi (Consultant Geriatric Psychiatrist, School of Medicine, Trinity College Dublin)

12.35-13.20 Lunch

13.20-13.45 Chase the Wind

anGie seah (Artist, Atlantic Fellow for Equity in Brain Health, Global Brain Health Institute)

13.45-14.20 Living and Learning Together: The Benefits of Intergenerational Connections for Young People and People Living with Dementia

Dr Catherine Houghton (Associate Professor of Nursing, University of Galway)

14.20-14.45 Panel Discussion: Spotlight on Local Tallaght Services

- *Dr Fergus Timmons (Learning and Development Quality, Innovation and Growth Manager, The Alzheimer Society of Ireland)*
- *Ms Jean Scanlan (Dementia Adviser, The Alzheimer Society of Ireland)*
- *Ms Fiona Tobin (Clinical Specialist Occupational Therapist, Tallaght University Hospital)*
- *Ms Jenny Branigan, Territory Manager of parkrun Ireland*

14.45-14.50 Event Closing Remarks